

TOPIC: Identifying Risky Bicycle and Pedestrian Behavior **GRADES:** 1 - 3

OBJECTIVES

- Understand the importance of bicycle helmets in preventing injury
- Apply effective verbal and nonverbal communication skills to enhance health
- Students will demonstrate the ability to practice injury-prevention pedestrian behaviors to avoid
- Demonstrate and take personal responsibility for injury prevention behaviors to avoid or reduce risks to self and others

PROCEDURE

- Assign students to watch Bicycle Safer Journey video: <u>https://www.youtube.com/watch?v=dkoVxBnnGko</u>
- Assign students to watch Pedestrian Safer Journey video: https://www.youtube.com/watch?v=PzghGxEqBMQ.
- Assign students to complete the Safe or Unsafe Behaviors activity.

ADDITIONAL INFORMATION

- More educational downloads on bike and pedestrian safety:
 - o BikeSafe. Bike Smart.
 - o Exchange.AAA.com
 - o Bicycle Safety Activity Kit Safety & Fitting Your Bicycle Helmet

SUMMARY

Students will practice refreshing their bike and pedestrian safety knowledge. Students will acknowledge safe or unsafe behaviors when it comes to riding a bicycle or walking, by looking at images depicting risky and less risky behaviors.